



communities
that care

Communities That Care THE PHASES

Sarah Graham

Lewis and Clark County, MT

YOUTH 
Connections
Prevent • Support • Thrive



**communities
that care**

THE PHASES

The phases are in place to guide a community with ease through the Communities That Care framework. It helps communities identify the steps and the process needed to have a successful coalition that succeeds in achieving their goals of changed behavior.

- 01 GET STARTED**
- 02 GET ORGANIZED**
- 03 DEVELOP COMMUNITY PROFILE**
- 04 CREATE A PLAN**
- 05 IMPLEMENT & EVALUATE**

Why Use Phases?

When communities follow the framework and complete phases they see a positive change of behavior in the youth in their communities.



25%
less likely to
engage in crime

32%
less likely to start
drinking alcohol

33%
less likely to start
smoking cigarettes

37%
less likely to
binge drink

PHASE 01

Get Started

In Phase One the coordinator orients the community to Communities That Care. They share the impact it has had in other communities and gain support from Key Leaders in the community. Key Leaders are individuals from different sectors who have access to resources, public opinion, and funding.



communities
that care

YOUTH 
Connections
Prevent • Support • Thrive

PHASE 02

Get Organized

In Phase Two the Community Board is created and tasks are delegated between six specific work groups. This is done to facilitate the implementation of a strong coalition in the community. They create a vision statement and educate the community about the ins and outs of Communities That Care.



communities
that care

YOUTH  Connections
Prevent • Support • Thrive

PHASE 03

Develop Community Profile

In Phase Three members of the Community Board conduct a community assessment. They use representative data of the community to decide what priorities risks and protective factors the board will focus on. They also conduct a gap analysis of the resources in the community that are already meeting priority risk and protective factors. This is to strategize how to address the needs of the community that are not being met.



communities
that care

YOUTH 
Connections
Prevent • Support • Thrive

PHASE 04

Create a Plan

In Phase 4 the community board makes an action plan. They pick tested and effective programs to fill the community gaps and address priority risk and protective factors. They then assess capacity to make sure they can carry through with implementing tested and effective prevention programs selected. If not they build capacity in this phase to insure a sustainable implementation.



communities
that care

PHASE 05

Implement & Evaluate

In Phase Five the coalition implements the plan outlined in Phase Four. The coalition workgroups monitor the implementation, evaluate its progress, and any change in youth behavior. Key leaders and community board members meet regularly to maintain implementation and make adjustments as needed for sustainability.



communities
that care

How Do We Know **WHICH PHASE WE ARE ON ?**



The community coordinator will guide a community through the phases by measuring progress in milestones and benchmarks. To complete a phase you must complete all the milestones and benchmarks within the phase. You can work ahead on phases but until the milestone for the first phase is complete you are still in that phase.



**communities
that care**

How to **PARTICIPATE**

Communities That Care is a community-driven framework that relies on youth and adults in every sector of the community to commit to creating a healthier generation. Commitment could be a part of the coalition or modeling healthy behavior and molding pro-social relationships in your day-to-day life.

01

Be a Coalition Member

Community members can join the community board and function within a work group of their choice at any time

02

Participate in Coalition Events

Share events with neighbors, volunteer to help, or participate in community activities put on by the coalition.

03

Advocate for Youth Health

Represent the youth in your community by advocating for safer activities.