

Using SPF Milestones to Guide Your Coalition

Coalition Name:

Date/Year Last Updated:

When is a coalition like a self-driving vehicle? When the coalition uses CADCA's Strategic Prevention Framework (SPF) Milestones tool – of course. This document provides coalitions with a **NEW** SPF Milestones tool that can enhance their coalition's effectiveness and sustainability. The SPF Milestones tool allows coalitions to

- a) identify strengths and gaps in their planning efforts and
- b) establish on-going SPF processes that will build their coalition's ability to "do the work".

Coalitions can use the SPF Milestones tool to assess their own coalition's effectiveness in implementing the SPF and identify strategies to enhance their planning efforts. Participants will network and share lessons learned.

When reviewing the Milestones keep in mind these represent a description of "what to do" – not instructions on "how to do" each step. CADCA's Primers, Coalition Development Support and training resources provide complete and detailed descriptions of how to implement each Milestone.

In the status section of the milestones, please assess your coalition according to the following scale:

- Not started
- Need Support (from CADCA Coalition Development Support)
- In process
- Completed



CADCA's Coalition Skills and Processes for SAMHSA's Prevention Framework

Assessment

Sustainability

Cultural

Competence

Planning

Community Assessment

- 1. Define & Describe the Community
- 2. Collect Needs & Resource Data
- 3. Conduct a Problem Analysis for each substance
- 4. Create a Logic Model for each substance
- 5. Update community assessment as needed

Evaluation

- 1. Confirm Data on the Logic Model
- 2. Document Your Coalitions' Work
- 3. Tell Your Coalition's Story
- 4. Develop data collection plan (e.g.,

every 2 years)

Implementation

- 1. Prioritize Strategies and Action
- 2. Obtain Resources
- 3. Implement Action Plans
- 4. Ensure Implementation Fidelity

Build Coalition Capacity

- 1. Build Coalition Membership
- 2. Develop Coalition Structure
- 3. Cultivate Leadership
- 4. Identify training opportunities

Strategic & Action Planning

- 1. Create a Vision & Mission
- 2. Write "SMART" Objectives
- 3. Plan Comprehensive Strategies for prioritized local conditions(s)
- 4. Develop Action Plans for each substance's

prioritized local conditions and strategies

*Sustainability

Implementation

- Partners
- Build a Credible Process Community
- Ensure Relevancy
- Create a Sustainability

Plan

*Cultural Competence

- 1. Engage Volunteers and 1. Commit to Cultural Competence
 - 2. Identify Culture & Diversity in the

Capacity

- 3. Build Cultural Competence Throughout the SPF
- 4. Recruit members to represent the culture and diversity in the community

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CADCA's Coalition Skills and Processes for SAMHSA's SPF – Milestones Community Assessment

Status	Milestone	Notes / Questions	Date Completed
Step 1: Defi	ne and Describe the Community		·
	1a. Create a Needs Assessment / Data Collection		
	Action Team (e.g., committee, work group) (as		
	needed) Note: This Action Team can also be used to		
	create the Logic Model (Step 4)		
	1b. Identify specific boundaries of the community to		
	be addressed (e.g., County, City, School District, Zip		
	Codes)		
	1c. Determine jurisdictions in the community (e.g.,		
	County, Cities, Police Departments, School Districts,		
	Health Departments, Courts)		
	1d. Identify "Communities within the Community"		
	(e.g., Communities of Place, Interest and Experience)		
	1e. Collect demographic information about the		
	defined community		
	1f. Describe the community history of events that		
	impact the:		
	Overall community		
	Substance Use and Misuse issues		
	Coalition's ability to organize		
	1.g Develop a map of the community that includes		
	jurisdictions, hot spots, and resources available.		
Step 2: Colle	ect Needs and Resource Data		
	2a. Identify data to collect: Consequences, Problems,		
	Root Causes, Local Conditions and Resources		
	2b. Determine data collections methods		
	Focus Groups		
	Listening Sessions,		
	Archival Data		



Status	Milestone	Notes / Questions	Date Completed
	• Surveys		
	• Interviews		
	 Observations 		
	Environmental Scans		
	Other		
	2c. Collect the data:		
	Set deadlines		
	Ensure data collection methods are culturally		
	appropriate		
	Assign data collection activities to partners and		
	coalition members		
	Provide training and support for data collection		
	(as needed)		
	Collect the data		
	2d. Determine and prioritize problem statements for		
	the drugs / consequences that are to be addressed		
	by the coalition		
	Provide assessment results to coalition members		
	Engage coalition members (and other key		
	stakeholders) in discussion and prioritization		
	2e. Organize the data and Create a <i>Community</i>		
	Assessment Report		
Step 3: Cond	luct Problem Analysis for Each Substance		
	3a. Identify participants and groups with which to		
	conduct the problem analysis – include target		
	populations including youth		
	3b. Prepare Community Assessment Summary for		
	sharing with participants		
	3c. Conduct "But Why Here?" or Root Cause		
	Problem Analysis Sessions with as many groups as		
	needed to obtain input from diverse populations		



Status	Milestone	Notes / Questions	Date Completed
	3d. Identify and collect additional data for root causes and local conditions identified during the Problem Analysis		Completed
	3d. Collect and summarize Problem Analysis Results		
Step 4: Crea	te a Logic Model for Each Substance		
	 4a. Identify coalition members to create logic models (e.g., Form Action Team for each problem statement) Note: This may be the same Action Team created to conduct the Community Assessment. 4b. Review Community Assessment and Problem Analysis Results to prioritize problem statements to address 		
	4c. Create logic model ensuring: Root causes based on Prevention Science Local conditions are specific, identifiable and actionable Measure, data, source and date for each element on the logic model Data are sensitive, proximate, feasible for each element on the logic model Line logic		
	4d. Collect additional data as needed.		
	4e. Share and obtain input on draft <u>Logic Models</u> with coalition members and community partners		
Step 5: Upd	ate Community Assessment as Needed (e.g., once a yea	r, every two years)	
	5a. Update Community Assessment Report and Logic Models		
	5b. Share the <u>Community Assessment Report</u> and <u>Logic Models</u> with the Community		



CADCA's Coalition Skills and Processes for SAMHSA's SPF – Milestones Build Coalition Capacity

Status	Milestone	Notes / Questions	Date Completed
Step 1: Build (Coalition Membership		
	1a. Create Membership and Outreach Action Team		
	(as needed)		
	1b. Targeted Recruiting		
	Identify tasks to be completed in next 6 months		
	 Identify existing coalition members, sector 		
	representatives (DFC 12 sectors), individuals and		
	organizations to recruit to "do the work"		
	 Develop talking points and coalition flyers 		
	Recruit, orient and train new members		
	2b. Retain coalition members		
	Survey coalition members		
	Maintain membership database		
	Provide roles and opportunities for involvement		
	 Recognize and reward coalition members 		
	Celebrate successes!		
Step 2: Develo	pp Coalition Structure		
	2a. Establish and update coalition structure:		
	 Meeting Times and Locations 		
	 Action Teams (e.g., workgroups, committees) 		
	Job Descriptions		
	Develop / Confirm Coalition Involvement		
	Agreements (CIA's) with Sector Representatives		
	• Create Memorandum of Understanding (MOU's)		
	(as needed)		
	Organization Chart & Timeline		
	2b. Build an Action-Oriented Coalition		
	 Action-oriented agendas and Minutes 		
	Develop Action Teams to complete specific tasks		
	(as needed)		



Status	Milestone	Notes / Questions	Date Completed
	2c. Ensure fiscal / legal structures are in place:		
	 MOU w/Fiscal Agent (as appropriate) 		
	By-Laws		
	• CIAs		
	Decision making processes		
	Collection method for documenting In-Kind		
	Contributions		
	2d. Share coalition organization with coalition		
	members: (e.g., organization Chart, timeline, job		
	descriptions, MOU's, By-Laws)		
	Create reporting formats and processes		
	Provide regular updates to the Coalition		
Step 3: Cultiv	rate Leadership		
	3aClarify coalition leadership (members and staff)		
	roles and responsibilities		
	3b. Cultivate, recruit and train coalition and		
	community members to become leaders		
	Identify formal and informal leaders		
	Engage Sector Representatives		
	Reach out to members of diverse populations		
	3c. Build relationships with formal / informal		
	community leaders and champions		
Step 4: Ident	ify Training Opportunities		
	4a. Identify current coalition skills and resources		
	across the SPF and determine additional training		
	needs		
	4b. Survey coalition members to determine needs		
	4c. Provide training to coalition members		



CADCA's Coalition Skills and Processes for SAMHSA's SPF – Milestones Planning

Status	Milestone	Notes / Questions	Date Completed
Step 1: Cr	eate a Vision and Mission		
	1a. Create a Strategic Planning Action Team to work		
	through Vision, Mission, Objectives, Strategies, and		
	Action Plans(VMOSA) process		
	1b. Review current coalition Vision and Mission		
	Statements to determine whether current		
	statements have consensus and are "owned" by the		
	coalition members		
	1c. Update Coalition Vision Statement (as needed)		
	1d. Update Coalition Mission Statement (as needed)		
	1e. Share Coalition Vision and Mission Statement		
	with coalition members, partners and key		
	stakeholders. Embed Vision and Mission Statements		
	in key coalition communications.		
Step 2: Wr	ite "SMART" Objectives		
	2a. Review, prioritize and update community		
	assessment and logic models from which the		
	coalition will develop Objectives, Strategies and		
	Action Plans. Ensure quantitative data exists for		
	each problem statement, root cause and local		
	condition		
	2b. Write SMART (+C) Objectives for each problem statement, root cause and local condition		
	Specific		
	Measurable		
	Achievable		
	Relevant		
	Timed		
	+Community Based		



Status	Milestone	Notes / Questions	Date Completed
	2c. Obtain consensus and "buy-in" from the coalition		
	on the Long-, Intermediate, and Short-term		
	Objectives		
Step 3: Pla	an Comprehensive Strategies for Prioritized Local Conditions		
	3a. Select and prioritize the local conditions for		
	which the coalition will develop comprehensive		
	strategies		
	3b. Identify potential policy-based environmental		
	strategies that can be used to address the local		
	conditions – access CADCA and other resources		
	3c. Examine the research base for the proposed		
	strategies. Select which environmental strategies will		
	be most appropriate (culturally and politically) for		
	your community		
	3d. Develop comprehensive and complementary		
	strategies (7 categories) to change the prioritized		
	local condition(s)		
	Provide information		
	2. Build skills		
	3. Provide support		
	4. Change access / barriers		
	5. Change consequences / incentives		
	6. Change the physical design		
	7. Change policies		
	3e. Strategic Planning Action Team engage potential		
	partners in developing the strategies to ensure their		
	agreement and buy-in to the strategies.		
	3f. Verify that the proposed comprehensive		
	strategies will have enough dosage to change the		
	local condition and achieve the short-term		
	objectives identified for the local condition		



Step 4:	Prioritize Strategies		
	4a. Engage potential partners in reviewing the local condition and proposed comprehensive strategy		
	4b. With partners, determine the appropriate sequence for each of the strategies to be implemented		
	4c. Build the coalition's capacity to implement the proposed strategies (as needed)		
Step 5:	Develop Action Plans for Each Substance's Prioritized local of	conditions and Strategies	
	5a. For each strategy identified to change a local condition identify the specific activities (or tasks) that need to be implemented to achieve the strategy.		
	5b. For each strategy provide a clear description of what needs to happen, who will do each activity and by when.		
	5c. Identify the resources needed to complete each activity – the resources may be cash, in-kind, supplies, facilities or other resources		
	5d. Create a timeline for the Strategies and Activities. Work with the coalition and partners to ensure the timeline is realistic and achievable.		
	5e. Share the completed <u>Strategic and Action Plan</u> (<u>VMOSA</u>) with coalition members, partners and key stakeholders.		



CADCA's Coalition Skills and Processes for SAMHSA's SPF – Milestones Implementation

Status Milestone	Notes / Questions	Date Completed
Step 1: Prioritize Strategies and Action Plans		
1a. Coalition members review Strategic and Action Plans and prioritize which local conditions will be addressed – and the specific strategies and activities to be implemented		
1b. Create an "Action Team" to coordinate implementation of selected Strategies and Activities.		
1c. Revisit/Confirm sequence and timeline for implementation of Strategies and Activities established during planning phase— confirm with coalition partners and other resource providers.		
1d. For policy-based strategies (both Big P and little p) review 10 Policy Action Steps to implement the strategy: 1. Clearly state the problem 2. Engage enforcement 3. Gather and analyze data to make your case 4. Research model legislation/policies 5. Draft policy language 6. Use media to educate 7. Mobilize support & provide community education 8. Get the policy adopted 9. Ensure enforcement of the policy 10. Evaluate effects of policy change		
1e. Ensure appropriate non-Federally funded resources are available for Policy Advocacy Steps and that a process for documenting time and funds spent (i.e., book keeping) established		



Status	Milestone	Notes / Questions	Date Completed
Step 2: 0	Obtain Resources		
	2a. Revisit/confirm specific cash, in-kind, materials,		
	facilities and other resources identified as "required"		
	in order to implement each activity during the		
	planning process		
	2b. Contact and engage coalition members, partners,		
	community stakeholders and funders to obtain		
	necessary resources		
	2c. Determine which resources will be required for		
	the strategy / activities to be conducted on an on-		
	going basis (e.g., compliance check, school		
	curriculum). Develop strategies to sustain the		
	resources over the long-term.		
Step 3: I	mplement Action Plans		
	3a. Identify specific strategies / activities to be		
	implemented at the present time		
	3b. Ensure coalition and community members, and		
	partners are held accountable for their		
	responsibilities		
	3c. Monitor implementation of Strategies / Activities		
	 ensure dosage, fidelity and cultural adaptations are 		
	appropriate for each strategy		
Step 4: E	nsure Implementation Fidelity		
	4a. Identify the key elements of each strategy that		
	are crucial to the successful implementation of the		
	strategy. Create specific implementation guidelines		
	as needed for specific strategies.		
	4b. Monitor and verify that the strategies / activities		
	are being implemented according with fidelity (as		
	identified through research and practice)		
	4c. Make adjustments as needed to implementation	•	
	plans to ensure adherence to implementation		
	fidelity guidelines.		



CADCA's Coalition Skills and Processes for SAMHSA's SPF – Milestones Evaluation

Status Milestone	Notes / Questions	Date Completed
Step 1: Confirm Data on Your Logic Model		
1a. Create an Evaluation Action Team to develop Evaluation Plans and share results with the Coalition, Key Stakeholders and the community (as needed)		
1b. Review coalition's logic model for qualitative and quantitative data that are identified for each problem statement, root cause and local condition 2c. Verify that measures are "good": • Sensitive (measures changes to local conditions) • Proximate (measures the defined community) • Feasible (can be collected multiple times) 2d. Identify new/updated measures as needed. 2e. Create an <i>Evaluation Plan</i> which describes the		
measures to be collected on an on-going basis. Step 2: Document Your Coalition's Work		
3a. Identify the information about the coalition's work (outputs) that the coalition will collect to record the coalition successes and challenges in relation to: Community Changes Services Provided Resources Generated Media Coverage Coalition Processes		
3b. Develop on-going process for collecting, analyzing and sharing coalition outputs		
3b. Provide regular updates on coalition outputs to coalition members and community stakeholders		



Status Milestone	Notes / Questions	Date Completed
Step 3: Tell Your Coalition Story		
4a. Develop Coalition Evaluation Communic	ation_	
<u>Plan</u> which identifies Coalition evaluation		
information that must be provided to key stakeholders		
4b. Analyze data from the Evaluation Plan an		
Coalition Outputs to "Tell the Story" of how		
coalition bat contributed to changes in the community		
4c. Prepare Evaluation Reports in various for share with Key Stakeholders and the Commu (e.g., 1 Pagers, Blogs, Newsletter, PPT preser	ınity	
4d. Celebrate the coalition's work and accomplishments		
Step 4: Develop Data Collection Plan		
3a. Review Evaluation Plan and methods to		
document your coalition's work to identify w	vhich vhich	
data need to be collected when.		
3b. Establish data collection plan which inclu	des the	
data collection method, responsibilities and	a	
timeline for the data collection.		
3c. If working with an external evaluator, ide	ntify	
and outline role, responsibilities and delivera	ables	
(process and outcome) expected		



CADCA's Coalition Skills and Processes for SAMHSA's SPF – Milestones Sustainability

Status Milestone	Notes / Questions	Date Completed
Step 1: Engage Volunteers and Partners		
1a. Create Sustainability Action Team composed of		
coalition members, community stakeholders and		
coalition partners.		
1b. Review the 6 R's Worksheet and identify ways to		
engage and retain volunteers and partners:		
 Relationships 		
Roles and Responsibilities		
Respect		
Recognition		
Rewards		
Results		
1c. Identify ways to embed these practices into the		
on-going work of the coalition.		
Step 2: Build A Credible Process		
2a. Review the SPF Processes with coalition		
members to identify those areas in which coalition		
members (not staff) can improve their knowledge		
and skills.		
2b. Develop (or update) an Organization Chart and		
Annual Timeline for the Coalition		
2c. Identify and provide training opportunities (web-		
based and live) for coalition members and partners.		
2d. Seek additional coalition development support		
(technical assistance) for specific elements of the		
Strategic Prevention Framework		
Step 3: Ensure Relevancy to Community Concerns		
3a. Identify issues other than substance use in the		
community and contact individuals and		
organizations concerned with these issues.		



Status	Milestone	Notes / Questions	Date Completed
	3b. List potential individuals and organizations that		
	can address these issues.		
	3c. Establish a relationship with these individuals		
	and organizations to ensure communication of the		
	Coalition's efforts.		
Step 4: Crea	te a Sustainability Plan		
	4a. Identify what must be sustained		
	4b. Identify future resource needs		
	4c. Select funding strategies		
	4d. Identify potential sources and donors		
	4e. Create case statements		
	4f. Action plan for contacts and requests		
	4g. Create Sustainability Plan and Share with		
	coalition and community members		



CADCA's Coalition Skills and Processes for SAMHSA's SPF – Milestones Cultural Competence

Status Milestone	Notes / Questions	Date Completed
Step 1: Commit to Cultural Competence		
1a. Engage coalition leaders in discussion about the		
value of cultural competence – and the value of the		
coalition committing to addressing and building		
cultural competence		
1b. Provide retreats and devote time (e.g.		
presentations, guest speakers) at coalition meetings		
to discuss culture and diversity and the work of the		
coalition		
1c. Form a Cultural Competence / Inclusivity Action		
Team (as needed)		
1d. Identify additional ways the coalition can		
become more aware and inclusive of diverse		
cultures in the community		
Step 2: Identify Culture and Diversity in the Community		
2a. Review Community Assessment – Community		
Descriptions – Communities within the Community		
and community demographics to ensure that		
everything is covered		
2b. Identify specific diverse populations in the		
community that:		
Have resources (protective factors / assets) that		
address substance use and misuse		
Are impacted by substance use and misuse,		
consequences and root causes		
Can be partners in developing strategies to		
address substance abuse		
2c. Identify individuals and organizations who		
represent the cultures that may be contacted (Step 4		
below)		



		<i>-</i>
Status Milestone	Notes / Questions	Date Completed
2d. For specific cultures which the coalition will		
engage – use the Cultural Competence Checklist to		
determine how effective the coalition understands		
and addresses the unique characteristics of the		
cultures.		
Step 3: Build Cultural Competence Throughout the SPF		
3a. Review the coalition's efforts in each element of		
the SPF to determine if the coalitions efforts:		
 Include members of diverse communities in the 		
planning and implementation efforts		
 Identify specific tasks and activities that address 		
and provide outreach to diverse communities		
 Consider unique characteristics of diverse 		
communities in planning and implementation		
3b. Examine the SPF Element – Building Coalition		
Capacity to ensure the tasks include outreach to		
diverse communities		
3b. Examine the coalition's Strategic and Action		
Plans to ensure the strategies and tasks reflect the		
diverse cultures in the community.		
Step 4: Recruit Members to Represent the Culture and Diversity in	the Community	
4a. Utilizing Community Description (Map) and		
History and other resources to identify diverse		
populations that are not represented on the		
coalition		
4b. Develop and conduct outreach and training to		
community based/grass root organizations (special		
interest groups, faith-based organizations,		
community support groups with common goals and /		
or who serve at-risk populations)		
4c. Providing cultural competence trainings (as		
appropriate) to new and existing coalition members		



		**CA	**CADCA®		
Status	Milestone	Notes / Questions	Date Completed		
	4d. Create opportunities or mechanisms for				
	disenfranchised populations to provide input to the				
	assessment, planning and implementation process				



CADCA's Coalition Skills and Processes for SAMHSA's SPF – Milestones Coalition Self-Assessment Summary

Coalition Name:

Rate Each Milestone and its corresponding coalition product (as applicable)

- 1. Not started
- 2. In process
- 3. Almost complete, but missing some milestones/need CD Support
- 4. Completed and includes all milestones

SPF Element	Milestones	Status of Milestone	Need CD Support (Y/N)	Product	Plans to Update
	1. Define & Describe the Community				
	2. Collect Needs & Resource Data				
Community	3. Conduct a Problem Analysis				
Assessment	4. Create a Logic Model for each substance				
	5. Update community assessment as needed				
	Build Coalition Membership			N/A	
Build Coalition	2. Develop Coalition Structure			10,00	
Capacity	3. Cultivate Leadership				
	4. Identify training opportunities				
	Create a Vision & Mission				
Strategic and Action	2. Write "SMART" Objectives				
Planning	3. Plan Comprehensive Strategies				
	4. Prioritize Strategies				
	5. Develop Action Plans				



SPF Element	Milestones	Status of Milestone	Need CD Support (Y/N)	Product	Plans to Update
	Prioritize Strategies and Action Plans			N/A	
Implementation	3. Obtain Resources				
	4. Implement Action Plans				
	5. Ensure Implementation Fidelity				
	Confirm Data on the Logic Model				
Evaluation	2. Document Your Coalition's Work			1	
Evaluation	3. Tell Your Coalition's Story				
	4. Develop data collection plan				
	Engage Volunteers and Partners				
Sustainability	2. Build a Credible Process				
,	3. Ensure Relevancy				
	4. Create a Sustainability Plan				
	Commit to Cultural Competence			N/A	
Cultural	Identify Culture & Diversity in the Community				
Competence	Build Cultural Competence Throughout the SPF			1	
	Recruit members to represent the cultures			1	

^{*}repeat for each substance as necessary



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